



All Aboard!

MOVE
PLAY &
LEARN

Age 2 years and older

Materials Two pool noodles and your imagination

Setting Wide open space to move around

Description Pair up with a toddler, or help two toddlers to pair up. The pair will stand a few feet apart and be “connected” to each other by holding the ends of two pool noodles. The person in the front of the train faces forward, holding one pool noodle in his right hand and one in his left. The person in the back, or caboose, also faces forward holding one pool noodle in his right hand and one in his left. The train moves around the space, perhaps picking up a passenger for the middle of the train.

Learning Outcomes

Movement The toddler enjoys creative movement and represents experiences and concepts through movement. He or she demonstrates balance and body coordination in movement.

Large Motor Skills The toddler develops gross motor skills and coordinates both hands to manipulate large objects. He or she demonstrates coordination, balance and body awareness.

Initiative and Curiosity Toddler learns through imaginative and interactive play. He or she engages in an activity alongside another child and explores using movement, space and materials.

Did You Know? During the toddler years, pretend play steadily increases. Younger toddlers use words and/or actions to portray a role, situation or setting. They begin to explore a variety of dramatic play materials such as dolls, cars and a telephone. Toddlers’ play becomes more sophisticated as they begin to use objects to represent something else.

TODDLERS